



IMPACT Development Summit

November 11, 2017 | 9:00 - 12:30

The PMR IMPACT Development Summit is for all high school athletes looking to take their academic & athletic talent to the next level and make an Impact.

- Each presenter will give a 30 minute presentation in their area of expertise, followed by Q&A session with all presenters
- Prepare for what you can expect when starting your college career in the areas listed at right →
- Habit stacking action plan to help athletes develop strong & lasting habits moving forward
- Following event, athletes will be given video download version of all presenters at no extra cost (professionally filmed & edited)
- PDF file of presenter slides
- Food & beverage provided at intermissions
- \$275 per athlete
 - ** 1 parent is encouraged to attend with the athlete at NO additional cost
- Event will be held at:
Sun Studios of Arizona
1425 W 14th St. Tempe, AZ

5 PRESENTATIONS PLUS FULL PANEL Q&A FOLLOWING

SPORTS PSYCH

Derin McMains MS, MA, CC-AASP
Peak Performance Coordinator for the Seattle Mariners and former college & pro athlete

NUTRITION

Ben Brown MS, Nutrition
Founder of Body Systems Healing & Performance

RECOVERY

Trent Rincon PT, MPT, CSCS, DN, Cert. ASTYM
Physical Therapist at the Fischer Institute and former college athlete

COLLEGE/PRO COACH

Pat Murphy
Bench Coach for the Milwaukee Brewers, former MLB manager, former college coach, and former college & pro athlete

PERFORMANCE/TIME MANAGEMENT

Chip Gosewisch CSCS, RSCC
Head Strength & Conditioning Coach at the Fischer Institute and former college & pro athlete

Q&A WITH ALL PRESENTERS

Your chance to ask the questions you've had, just not the right person to ask

Enter college, take action, and make an IMPACT!

For more information, visit our website at PMR-Performance.com

PMR is a proud partner with:

